

LEISURE CHARTS

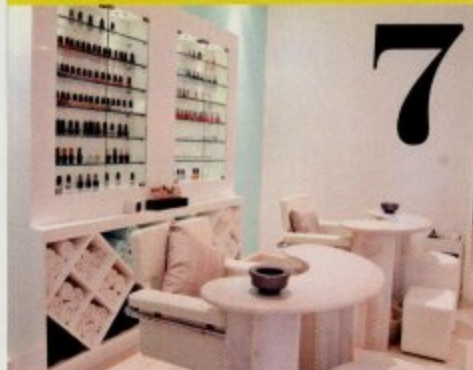
6

IT'S A SURPRISE!

All work and no play make grown-ups dull, stressed and grumpy. That's why home-grown educational company The Happy Box has joined forces with London-based Lucky Dip Club and created the Happy Go Lucky Box. Inside they've stuffed a curated list of quirky surprises and handmade products of collaborations with international artists and illustrators - from colourful notebooks to funky jewellery - delivered to your doorstep once a month. Dh120 per box. Visit www.thehappybox.ae.

HELPING HANDS AND FEET

After hefting heavy shopping bags and standing in checkout lines for our Christmas shopping, we deserve to treat retail-weary limbs to Queens Beauty Lounge's Therasoft manicure (Dh70) and pedicure (Dh80). Encased in Lavagel-coated socks and mitts with soyaffin serum, we were treated to a head and shoulder massage while the serum got to work. The self-heating gel's warmth soothes aches and ensures soyaffin's moisturising blend of shea butter, beeswax and soy serum is absorbed into the skin. Call 04 421 4267 (JLT), 04 427 9689 (Dubai Marina).



7



8

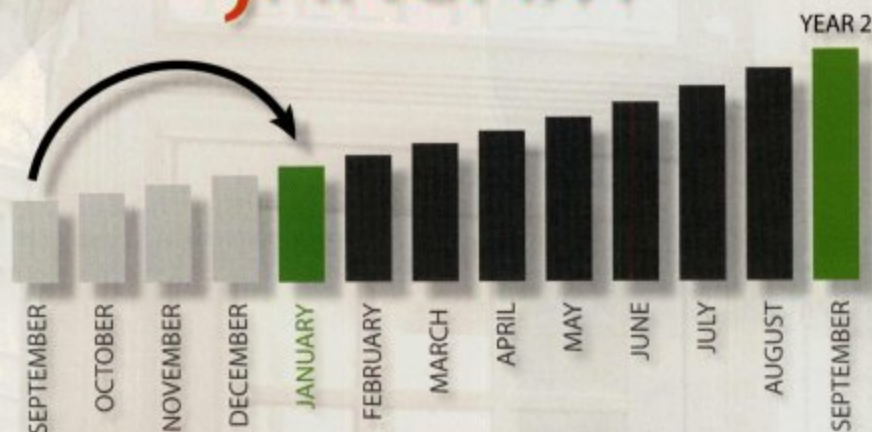
IVY ENVY

Go global for Thanksgiving at the The Ivy, Jumeirah Emirates Towers, with the Ivy League Thanksgiving menu. While traditionalists carve slices of succulent turkey with classic sides of corn bread, fish chowder and mac and cheese, contemporary diners can choose to tuck into roast ham or monkfish instead. Sticky caramel apple pie or sweet potato casserole with chewy marshmallows follows. Yum! Dh350 per person, the menu is available from November 22-28. Call 04 432 3232 or email restaurants@jumeirah.com.



**Middlesex
University
Dubai**

**FAST TRACK YOUR EDUCATION,
START A COURSE IN
JANUARY**



Enrol in **2015** to receive a range of scholarships and grants

Open Day: Saturday 21 November | 12pm to 4pm

A QUALITY UK DEGREE

International Foundation Programme

Undergraduate

- BA Business Management
- BA Business Management (HR)
- BA Business Management (Marketing)
- BA Business Management (Finance)
- BA International Business

Postgraduate

- MA HRM
- MA International Relations
- MBA (General, Marketing, Finance, Operations and Logistics, International Business and Business Excellence)
- MA Marketing and Communications
- Post Graduate Certificate in Higher Education (PGCHE)

Licensed by the Knowledge and Human Development Authority. The academic qualifications granted by this institution and certified by the KHDA shall be recognised by the Emirate of Dubai by all public and private entities for all purposes.