



Queens Beauty Lounge

A Regal AFFAIR

As you step into this salon in the heart of Dubai Marina, you are greeted with friendly faces and warm smiles that immediately put you at ease. I ventured into this haven to indulge in a hot oil hair massage, a nail scrub and mask and a ThermoSoft treatment for my hands and feet. My first order of business? I put my phone on silent. And bearing in mind that it was a working day, this was treat for me!

Shedding my blouse and changing into a slip of a thing, I sat down to soak up the hot oil they prepared for me. This treatment is one all Indian children have grown up with. On any given weekend morning, it is customary to sit at your mother's feet while she massages oil into your scalp and leaves it to soak in for a while. This treatment has now become as a favourite for all those that wish to naturally rejuvenate their locks. Kimberley Singh, the lovely young lady who looked after me all afternoon, parted my



hair, clipped it up and began the process. Applying warm oil to sections of my scalp with a cotton pad, she massaged it in with an experienced hand. All oiled up and halfway to a sleep-induced coma, she began a massage that targeted the various pressure points in my head and back. With nimble fingers, she untangled the many knots in my back and conveniently lulled me deeper into my sleep.

Next, I sat up for the indulgence my limbs were about to experience. It began

with the application of a raspberry mask to my arms and legs that were then cling wrapped to let it soak in. Known to exfoliate dead cells and soften the skin, it was massaged in and left to penetrate. The ThermoSoft treatment for my hands and feet was next. This is the ultimate heat therapy and contains Soyaffin serum in an all-natural blend of Shea butter, beeswax and soy serum. Packaged in convenient gloves that only require the addition of hot water, I immersed my hands and feet into these parcels to let the serum revitalise my skin and melt away the cares from my tired limbs.

An hour later, hair washed and blow dried, arms and legs scrubbed clean and nails manicured and pedicured, I left Queens Beauty Lounge feeling like a new woman. This salon is one of the few that focuses on going back to all that is natural. Owned by Sakshi Nath, the entrepreneurial force that motivates her team to give customers the best experience, the salon lives up to its name in more ways than one.

By Sharon Carvalho

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With multiple locations in JLT and Dubai Marina, this luxurious spa offers specialised packages for the bride to be. The Ultra Body Anti Cellulite slimming treatment from Histomer makes the body more proportioned and maintains body fitness. Body polishing dissolved dead cells and reveals radiant skin. A professional body massage eases muscle stiffness, increases circulation and promotes deep muscle relaxation. The Histomer Lightening facials retains glow and with add-on eye treatments, bags and dark circles are minimised.



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